



Deep Sleep Brain Wave Subliminal Brain Sync Series Brain Sync Audios

By -

Brain Sync. No binding. Condition: New. Dimensions: 5.6in. x 4.9in. x 0.5in. Experience peace and tranquility Slow down mental activity Retrain your brain to sleep better Rest and sleep more deeply Slip on your headphones, close your eyes and turn out the lights. Within minutes you'll feel like your brain is being massaged. Soothing Delta frequencies, associated with deep restorative sleep, and subliminal messages are masterfully woven into gentle music. As your brain cells resonate with Delta waves, you start to slowly swirl and drift. Pestered concerns are washed away, allowing you to fall into deep sleep states that bring the refreshing slumber your body and mind need for optimum performance. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Audio CD.



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