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Conscious Creativity: Mindfulness Meditations (Paperback)

By Natasa Nuit Pantovic

Artof4elements, 2017. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.Alchemy of Love Mindfulness Training #7 Mindfulness Meditations and Creativity. It was during the Renaissance that creativity was first seen, not as a matter of divine inspiration, but as a gift of a great learned man to imitate God's ability to create. Our soul whispers to us constantly. When we understand the power of conscious and subconscious mind and the way the soul communicates with us, we can help ourselves enter the creative flow. Developing both Left and Right Brain could be essential for Creative Thinkers of our Future. To purify mind we start with the consciousness that the energy follows thoughts. It is important that we free ourselves of negative beliefs and thoughts, stop gossiping, judging or criticizing and that we work on developing the creative force within us. Nuit Creativity Mindfulness Meditations explore prayers from around the world, meditation techniques, and mindfulness exercises. Spiritual not religious personal growth tools. Can we Learn Creativity Magic of Human Brain Developing both Brain Hemispheres Power of Unconscious Mind and Success Conscious and Subconscious Mind Powers Spiritual not religious Conscious Creativity and Transformation Tools Divergent Thinking...



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