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## Foundations of Korean Martial Arts: Masters, Manuals Combative Techniques (Paperback)

By Stanley Henning M a, Manuel Adroque LL M, John Della Pia M a

Via Media Publishing Company, United States, 2017. Paperback. Condition: New. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Most of what are referred to as Korean martial art styles are actually derived from Japanese/Okinawan karate systems or find their roots in Chinese boxing. The Korean peninsula has existed as a fragile territory between China and Japan and thus shared many cultural elements from their neighbors. To what degree has the Japanese and Chinese arts influenced those practiced in Korea over the centuries? Can we distinguish any original Korean martial art style? Chapters in this anthology are derived from the Journal of Asian Martial Arts specifically in response to such questions as asked above. The authors provide great detail on the military/martial manuals that recorded both battlefield arts and personal combative arts and use these sources to give a picture of the martial traditions practiced in Korea for hundreds of years. In chapter one, Stanley Henning provides an excellent overview of martial arts in Korea since the earliest dynasties. These include bare-hand arts as well as those with weaponry. His overview illuminates the time and place of highly influential military manuals as discussed in the chapter by Manuel Adroque....



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*Comprehensive guide! Its this type of very good read through. It is actually writter in simple words and phrases rather than difficult to understand. It is extremely difficult to leave it before concluding, once you begin to read the book.*

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