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HOW TO HAVE A GOOD DAY : THE ESSENTIAL TOOLKIT FOR A PRODUCTIVE DAY AT WORK AND BEYOND

How to Have a Good :Day

The essential toolkit for a productive day at work and beyond

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CAROLINE WEBB

Pan Macmillan Jan 2017, 2017. Taschenbuch. Condition: Neu. Neuware - In *How to Have a Good Day*, economist and former McKinsey partner Caroline Webb shows readers how to use recent findings from behavioral economics, psychology, and neuroscience to transform our approach to everyday working life. Advances in these behavioral sciences are giving us ever better understanding of how our brains work, why we make the choices we do, and what it takes for us to be smart and savvy....

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- Authored by Caroline Webb
- Released at 2017

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