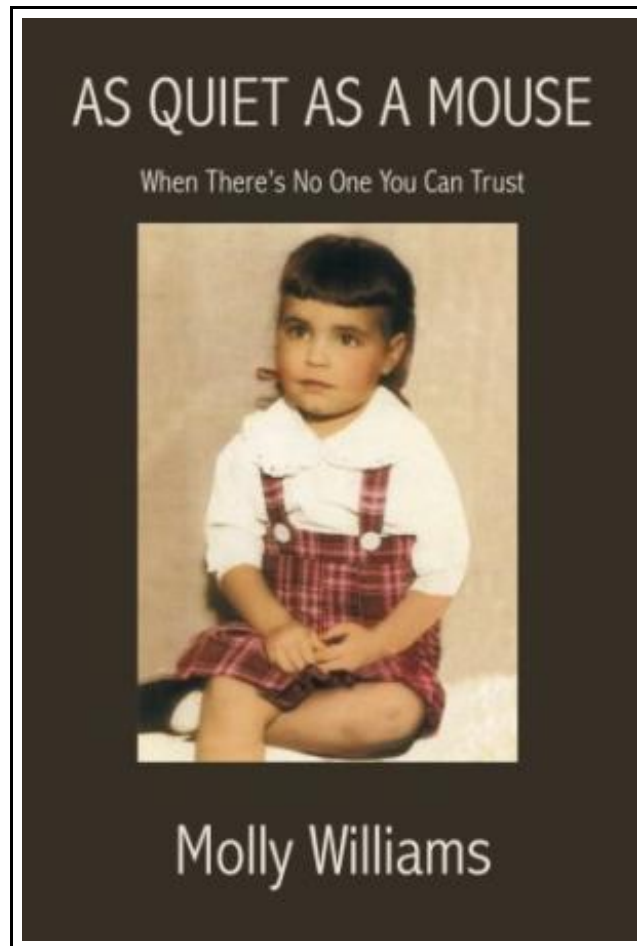


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iUniverse, United States, 2009. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.As Quiet as a Mouse is the story of the author s struggles with bipolar disorder and the events from her childhood that contributed to the illness. Her psychiatrist encouraged her to write journals about her childhood and was amazed, after reading them, that she had not committed suicide by the time she was fourteen-years-old. Writing the journals was an emotionally difficult task for her. As she wrote about the things that happened to her, she discovered that there were other incidents that had taken place in her life that were buried deep, things that she really didn t want to remember. Her story begins when she is first raped at the age of five. Like most children who are raped, and who are fortunate enough to survive the attack, she never told anyone what had happened to her because she feared their rejection. Throughout her childhood and her teen years, she suffered a great deal of unspeakable attacks, all of which formed the basis for her eventual struggle with bipolar disorder. She is telling her story now with the hope of helping other children who may be experiencing what she did.



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