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Equine Guided Education: Horses Healing Humans Healing Earth

By Ariana Strozzi Mazzucchi

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Dimensions: 9.0in. x 6.0in. x 0.6in. This book is a comprehensive resource on equine interactive practices, nature based learning and somatic coaching. Equine Guided Education (EGE) is profound, magical, and dramatically effective. EGE incorporates horse activities into coaching and therapy models that are set in natural outdoor settings. Interacting with horses provides experiences that train new skills in intuition, sensory awareness, and somatic sensibility. These non-linear forms of intelligence (EQ) are needed in these times of change and uncertainty and apply to people from all walks of life. Ariana, a pioneer in the field of Equine Experiential Learning, founded Equine Guided Education in the 1980s and co-founded Strozzi Institute (now known as Strozzi Somatics). She has been training professionals in EGE longer than anyone else. This instructive and thorough book is full of the essential tools needed to be successful in the equine, experiential, nature based healing professions. It is required reading in Ariana's SkyHorseCEGE programs and many other self-development and coaching processes. The principles in this book are universal to Equine Assisted Learning, and Equine Facilitated Therapy. If you call the equine-human relationship by another...


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